# <u>Enrichment Options</u> <u>Term 1 & 2 2015</u>

## Years 5 & 6 Physical PEP 2015/16

**Wolf Cubs** – If you enjoy running and cross country then you will love Wolf Cubs. In this PEP you will develop skills in cross country assault running and an understanding of the physiological effects of running – in other words what is going on with your pulse, heart rate etc. by using monitors. - RTO

**Dance** – If you enjoy dancing this PEP is for you. You will work with a Dance Instructor and learn choreography and dance routines – Strictly here we come. - JPA

**Gymnastics-** This is for pupils that want to advance the skills in gymnastics and build routines and use the apparatus. - JDU

**Football** – A combination of playing games and coaching to develop existing and new skills and tactics - BGR

Playmakers – year 4/5 – This group will be learning different skills to be able to lead younger children in play at break times. - RBI

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### Years 3 & 4 Citizenship PEP 2015/16

Adventure Service Challenge – This is for pupils that want to learn new skills around services to the community. You will work on set challenges to qualify for the Adventure Service Challenge Award (a model of Duke of Edinburgh) - GJO TRO

School Cmagazine and Podcasts – this if for pupils that enjoy reporting and using technology to share the current affairs of the school. You will work on a school magazine and producing podcasts about life at Hanwell Fields School - ASA

**Eco Committee** – We want to continue our work with Eco Schools to help make Hanwell a green environment friendly school. You will help create new ideas and develop a plan to help on our eco mission - SHI

**Philosophy** – This PEP will help you develop your communication and deeper thinking skills. Each week you will have a new item, question that you will share your thoughts and listen to others share theirs, you will develop a deeper understanding around topics. Excellent for the deep thinker or a child that want to develop their communication skills - NSY

**Community Based Projects** – Would you like to put your business and enterprise skills into practice, then this is the enrichment group for you. You will help to make and develop a product to sell for a profit which will help to raise money towards a local charity - RLI

Forest School – This Pep will help you to develop more forest based skills to use in the outdoor environment - CNI

Food Production – You will be looking at different food growth and production techniques and looking into the history of food - EGU

Mindfulness – In this PEP we will be training the mind to stay focused and promote positive thinking, whilst creating an open mind - JRO

### Year 1 & 2 Creative PEP 2015/16

Masterchef - Learn different skills to use to produce amazing food from scratch - Izzy & Hannah F

Brain Gym – Different brain challenges, puzzles – creating your own - Rosie Ninkovic

Art and Fabrics – In this PEP you will have the chance to use different media and forms of artwork projects - GCO

Origami - you will learn different techniques to fold paper into different shapes - SCR

Sewing – Learning different sewing techniques as well as new skills and be able to produce a piece of work to show off their new skills - SFO, Natalia Nebrua Andreu

**Story Writing** – You will be asked to produce a piece of creative writing with illustrations on a topic chosen by the group leader - MBO, Lucy Neath

**Raspberry Pi** - children will spend the term building their own computers - learning about components that make up a computer and running a simple program on it e.g. Scratch/ Ohbot - HGR

## All years 1 - 6

**School Production** - This PEP is for <u>any age group Key Stage 1 and 2</u>. You will opt for this PEP if you want to develop you drama skills acting techniques and love to perform, working towards a performance at the end of term.

Please complete the option form and return to school by

You can also return your child's choices by email to Vicky.Tomalin@hanwellfields.org

(please include at least 2 choices as places are limited on some of the choices, we will endeavour to try and place all children in 1<sup>st</sup> option choice.

Option Form	Option Form
Name of Child	Name of Child
Class	Class
Option 1	Option 1
Option 2	Option 2