



## P.E. and sport at Hanwell

'A positive association exists between academic attainment and physical activity levels of pupils.'

### Intent

At Hanwell Fields children experience a varied and balanced PE curriculum that goes beyond the National Curriculum. In lower school the focus is on developing agility, balance and co-ordination using games and different equipment to create a range of experiences. The elementary skills are enhanced in upper school where children test them in different circumstances – defence and attack, working independently and as part of a team, in fun games and in competitions. We give children the opportunity to build emotional resilience, creativity, enthusiasm for physical exercise, ambition to improve and the confidence to compete. The swimming target is that all year 6 children can swim 25m confidently and can perform basic water survival techniques.

### Implement

All PE lessons from reception to year 6 are taught by a highly experienced PE specialist. All children in KS1 and KS2 receive two 1 hour PE lessons each week. Hanwell Fields participate in all North Oxfordshire School Sport Partnership (NOSSP) events. All children will represent the school in an inter-school sports event. Intra-house sport events take place each term. Year 6 sports leaders facilitate delivery of PE and support after school clubs. A broad range of sports clubs are run after school to provide further access to physical exercise e.g cross country, yoga, cheerleading, football, circuit training, badminton and many more. We actively support the government aims of 60 active minutes every day for every child by having continuous provision of sporting and physical activities at break and lunch times. Sports Day is competitive with every child participating and contributing to their house performance. Swimming is delivered for years 4, 5 and 6 via Sibford School using Level 2 instructors.

### Impact

All children will have a broad, positive PE & Sport experience during their time at Hanwell. Sports teams will be competitive and well equipped, both emotionally and with necessary skills, to compete at NOSSP events. The achievements of children working at the highest level in athletics. School records in athletics are recorded, displayed and celebrated to motivate others. Hanwell consistently wins the Gold award from Youth Sport Trust in recognition of excellence sport practice. Children will have competency in a range of skills, to be able to catch, throw and strike a ball; understand how to work as a team; know that creating space is imperative in invasion games and win and lose with empathy. Pupil, staff and parent voice will show that children enjoy PE, take pride in representing the school and feel that they are making progress.